

## **ALLISON PLAMONDON**

**ACTRA - SAG-AFTRA - CAEA - AEA**

### **FILM AND TELEVISION**

THE TANK	Supporting	Glacier Films/Dir. Kellie Madison
BIG COMFY COUCH	Co-Star	Radical Sheep Productions
FANCY DANCING	Supporting	Brock Simpson/Jason Priestley
JOHN ACORN NATURE NUT	Guest Star	Great North Productions Ltd.

### **NEW YORK THEATRE**

JULIUS CAESAR	Calpurnia	Titan Theatre Company/Jack Young
SUDDENLY LAST SUMMER	Miss Foxhill	Mississippi Mud Prod./Austin Pendleton
DANNY AND THE DEEP BLUE SEA	Roberta	Nuyorican Poets Café/Alice Spivak
*SEE BOB RUN	Bob	Planet Connections/David Gautschy
PROMETHEUS WITHIN	Io	La MaMa ETC/ Theodora Skipitares
THE OLD HOUSE	Diane	HB Playwrights Foundation/Laura Esterman
ANGELS OF SWEDENBORG	Beastie	La MaMa ETC/'62 Center/Ping Chong

### **SELECTED REGIONAL**

TRYING	Sarah	Cape May Stage/Austin Pendleton
FIRE	Molly	Charlottetown Festival/Richard Rose
ANNE OF GREEN GABLES	Josie Pye	Charlottetown Festival/Anne Allan
BROADWAY w/Ann Reinking	Featured	Tampa Bay P.A.C./Ann Reinking
WEST SIDE STORY	Anybodys	Stage West/Anne Allan
JOSEPH AND THE AMAZING...	Benjamin's Wife	Theatre Aquarius/Max Reimer
DAMES AT SEA	Ruby	Jubilee Auditorium/Leslie Wade
CHARLEY'S AUNT	Ela	Jubilee Auditorium/Leslie Wade

### **TRAINING**

Theatre Arts Program	Grant MacEwan College, Edmonton, Canada
Scene Study	Austin Pendleton, Jonathan Silverstein, Alice Spivak
On-Camera Film /TV Audition Class	Bob Krakower
The Second City, Toronto	Various (2006-2007)
Advanced Meisner Technique	John Riven
Broadway Theater Project	University of South Florida (Directed by Ann Reinking)

### **SPECIAL SKILLS**

Improvisation (2nd City), Accents: American, British. Extensive dance training including Tap, Jazz, Hip Hop, Theatre Dance, Swing, Contemporary/Modern, Ballet, Choreography, Dance Instruction, Movement for Actors, Yoga, Pilates, Gyrotonic. **[www.allisonplamondon.com](http://www.allisonplamondon.com)**

\*Winner-Outstanding Performance in a Solo Show (Planet Connections Theatre Festivity - NYC, 2012)